

## INTRODUCTION

Life Transformation Groups (LTG's) are a grassroots tool for growth and transformation in the name of Jesus that are simple yet powerful. A LTG is a tool that empowers the common Christian to accomplish the uncommon work of reproducing disciples who can in turn reproduce others.

A Simple Overview

- Meet once a week for an hour
- Group of two or three (the addition of a fourth person is the beginning of the second group multiplication is imminent)
- Groups are with the same gender
- The following is covered in each meeting

### Bible\_Hear & Obey

Each person in the group reads the same chapters of scripture that week and then discusses what they have heard from God through the reading and how it can be applied and obeyed in their life.

We suggest following the Project 73 reading plan that you can find online here: <u>http://www.thereddoor.cc/73</u>

### Confess\_Repent & Believe

The group shares with one another how they may have sinned against God in the past week. There are accountability questions on the LTG bookmark to help with this. It is helpful to be specific and also share your heart motivations behind the sin.

For this time to be effective it is important that there is trust and that clear lines of confidentiality have been agreed upon by the members of the group. It is also important to continually reiterate that because of the Gospel our sins are forgiven.

### Pray\_Salvation

List the people that you are praying would come to Christ. Talk about how you have gone this week in relationships and conversations with non-believing friends and share how you plan to weave this person in to your community. The spend time praying for these people. Once again there are prompts on your LTG bookmark to help guide your prayers.

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LIFE TRANSFORMATION GROUPS AT THE RED DOOR COMMUNITY CHURCH \_BIBLE \_CONFESS \_PRAY



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# FESS REPENT & BELIEVE (30MIN)

- Have your words wounded anyone?
- Have you harboured bitterness or resentment? - Have you lacked integrity in what you have done or said?
- Have you given into an addictive behaviour?
- Have you given into temptation?
- How's your thought life?
- In word and action have you testified to the greatness of Jesus? Others around them would share the gospel

# PRAY SALVATION (15MIN)

- What? Who? 1\_\_\_\_\_ 2\_\_\_\_ 3\_\_\_\_\_
- Opportunity and courage to share the gospel - Heart would be softened and open to Jesus.
- Lies and arguements would have no influence
- They would hear and believe in who Jesus is